

## We Love Variety!

Our menu changes each week, but also changes with the seasons. You'll find fresh salads during the warmer months and soups by the quart in the cooler seasons. We offer 'bulk' items such as grilled chicken, turkey, sweet potatoes, vegetables, and more year round.



## How it Works

**Ordering** is open online Thursday 6am- Sunday, 7pm.

**Pick-up** your order Wednesdays at one of our pickup locations, or opt for delivery.

*(Evansville, Princeton, Mt Vernon. See website)*

**Delivery** is also on Wednesdays 8am-1pm. You'll receive a text message when your order leaves our kitchen and when it arrives at its destination. You can feel safe sending meals to parents or friends - our drivers are part of our team and not a 3rd party.

Delivery limits are Ft Branch, Elberfeld, Henderson city limits, and Mt. Vernon. Delivery fee is a flat \$8.

*\*This is subject to change. Please check our website for the most up-to-date information.*

## How Do I Order?

No minimum, maximums, or constrictive plans! Order what you want, as it fits your lifestyle. Order online or if you'd rather, give us a call. We happily read our menu to our customers who would prefer to not go digital. We can even set up billing to adult children.

**Proudly serving the community in partnership with these partners as well as many other medical and fitness professionals who recommend us**

